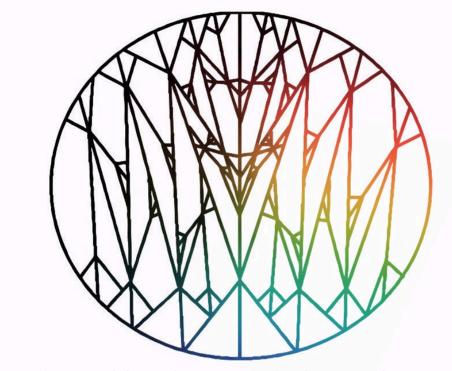
In the early 1960's, Harold Rugg, an educator at Columbia University, proposed a theory of creativity... (From Seeing with The Minds Eye, by Samuels & Samuels)

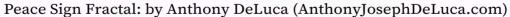
"Rugg believed that the threshold between the conscious and unconscious is the only part of the mind that is free from censorship. The 'transliminal mind' is characterized by a state of relaxed readiness or relaxed concentration. In this state, a suggestion to create is accepted and the creative ideas are viewed by the person as real."















"To solve a problem, then, the transliminal mind freely, without censorship, scans it's images to come up with the simplest meaningful symbol-image that answers the problem confronting it. When such a symbol-image is found, an idea is born. This is the creative flash. This moment, the flash, is what makes possible a new work of art or even an experimental breakthrough."

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